

Flagstaff Counseling Center

408 N Kendrick, Suite 4

Flagstaff, AZ 86001

Phone - 928-774-6364

Fax - 928-556-0504

Informed Consent and Release of Information for Mandatory Counseling

Informed Consent

The purpose of mandatory counseling is to help you manage or resolve any concerns or problems that are impacting your life or work functioning.

Your supervisor or Human Resources staff member has referred you for mandatory counseling, and has requested feedback about the counseling that you receive. The process will involve one or more sessions with a counselor. The first session is an intake interview, in which the counselor will recommend continued sessions or other types of services in the community. Your willingness to engage in the counseling process will greatly impact how much benefit you receive from counseling. If you decline to sign this document and the Releases of Information that are required, the counselor will be unable to meet with you. However, the counselor must inform your supervisor or HR staffer of your unwillingness to sign the required consents.

Finally, it should be noted that any information obtained during the counseling process that indicates there has been abuse of a child, elder, or dependent adult, or reflects that you are in imminent danger of harming yourself or another person, requires a report to the appropriate agencies (e.g., abuse of a child is reported to Child Protective Services, etc.) or appropriate action to safeguard yours and others' safety. These actions are required by state law.

Release of Information

I agree that the following information can be released to Name/Agency_____.

___ Attendance

___ Level of cooperation

___ Recommendations for continued services or outside referrals

___ Completion of services at FCC

I understand and agree to the above conditions.

Printed Name

Date of Birth

Signature

Date

Counselor

Date